

# Health Care Facilitator Program

## 2007 Calendar of Wellness Topics

Month	Topic	Activity
January	National Cervical Cancer Month	TABL Article
February	American Heart Month	TABL Article
March	National Sleep Awareness Week	TABL Article
April	National Donate Life Month	TABL Article
May	National Arthritis Month	TABL Month
June	Men's Health Week	TABL Article
July	Promote Chair Massage	TABL Article
August	Multiple Sclerosis	TABL Article
September	National Cholesterol Education Month	TABL Article
October	National Breast Cancer Awareness Month	TABL Article
November	Elder Care National Alzheimer's Awareness Month	TABL Article
December	National Hand Washing Awareness Week	TABL Article